

# Choosing the ideal Summer Camp for my son



Summer is fast approaching and as I wrote in this post [here](#) when you have kids of a certain age group (i.e. more than 4 years old) this season is somewhat feared by the parents who work full time. This is because there are no classes in the summer and your children - agitated, active, energetic - need to have activities to enjoy the best of the hottest and most excited season of the year. And that's where Summer Camps come in. We do not have them in Brazil but they are weeks of activities at certain locations (schools, community centres, parks, museums) that run half a day or full day and will entertain your child during the summer break.

This will be Thomas' first year going to a Summer Camp and when I wrote the first post on the subject here on the blog - this [one](#) - I was still researching on the subject, especially on what programs Thomas would be attending. I received many messages from mothers who, like me, were lost. Lost because this is not a tradition we have in Brazil (summer breaks in Brazil mean going to the beach or spending time with the grandparents and family - which is not the reality for most immigrant parents like us). Lost because the variety of camps is immense. Lost because you want your child to enjoy a lot and because it is not a cheap activity, then you want to make sure you are making the right choice.



To choose the Summer Camps that Thomas will go in the summer I took into consideration 5 points: 1) The activity of the camp is related to what my son enjoys; 2) My son will learn new skills that I consider important for him; 3) The place is near my house or has easy access; 4) The price is right; and 5) The principles of the place are in accordance with my principles. And it was taking into consideration these 5 points that I enrolled Thomas at True North's Summer Camp. And this post is about this.

I'll explain point by point why I chose True North for Thomas to enjoy two weeks of his summer. Regarding point 1 the camps of True North are oriented to sports, something that Thomas LOVES it. They offer a variety of sports programs, focusing on Baseball, Flag Football, Basketball, Soccer and Multi-Sports. Regarding point 2 I believe that Thomas will develop new skills, which are only acquired with sports such as having patience, having a sense of belonging to a group and knowing how to lose, besides exercising and being able to have contact with various sports and even, who knows, pick one to call his. It is worth mentioning that we have opted for Multi-Sports, which is a camp where Thomas will expose himself to a wide variety of sports and activities in order to develop movement and sport skills, with an emphasis on fun, fair play and team work.

Points 3 and 4 are super important. First of all it is important to find a Summer Camp that is close to home or within easy reach. True North has 4 locations - Toronto, North York, Etobicoke and Markham - and one of them was perfect for us. The price is also something that weighs but we found the price fair. All prices are outlined on the True North's website - here - and overall the week camp price is around \$ 350 per child. Worth mentioning is that there are discounts if you make more than a week or if siblings attend the camp at the same season.



Finally I wanted to talk about point 5 that made me choose True North: their principles. I went to their website and read a lot and what struck me was that they say they "believe that recreational sports are an important part of the development of all children" and that "the emphasis of their work will be on fun, fair play and teamwork" . I identified with all this because I believe every child should have contact with sports and find one to call his own. Here at home we have the example of my husband who played professional basketball and who plays - and loves - until today. Basketball has shaped who my husband is today and I want Thomas to find a sport he loves and a willingness to play, to dedicate, and to stand out. Also, to make him learn to respect his colleagues and opponents and to have patience and dedication, to learn to concentrate, listen, and give the turn. And the idea of him having that in the summer made me choose True North's Summer Camp. Some more important information about the place:



- This will be the 13th. True North Summer
- Summer Camps are available for week sessions during the months of July and August.
- During the school year, post-school and weekend clinics focused on skills development are offered.
- Programs are offered for boys and girls from 4 to 14 years old and include soccer, baseball, basketball, flag football and multi-sports, as I said earlier in this post.
- True North believes that recreational sports are an important part of every child's development and make it a top priority to provide a truly memorable experience.
- The summer team is made up of energetic coaches and experts in their sport, who enjoy sharing their knowledge about the game, while emphasizing the importance of sportsmanship, teamwork and fair play.
- The secret of True North is to work with a combination of fun exercises, activities and games, creating the perfect balance between advanced skill development and a memorable camping experience.

You can see more about True North by watching [this Youtube video](#). I hope you enjoyed the tip and to encourage you to also enrol your children in True North Summer Camps I have a discount code. That's right: using the code **Gaby15** you get a 15% discount when you register your children [here](#).

This post is sponsored but everything I wrote reflects my real opinion on the subject. All images that illustrate this post are from True North and used here with their consent. After Thomas attends the Summer Camp I'll be writing a review and showing him little pictures of it.

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